

## Christ Brings Greater Rest

### Hebrews 4:1-14 | Pastor Matt Waite | 09.24.17

--The Importance of Rest

--Psalm 95

--The worst possible punishment for Jews in the Wilderness is ' \_\_\_\_\_ '

--Sabbath is one of the ten commandments

--Our workaholic society:

--Technology means work is more accessible to us and we are more accessible to work than ever before

--Technology has shrunk the world—we compete with people around the world

--We are \_\_\_\_\_

--Two Kinds of Rest

--The Rest of the Promised Land (Canaan) (v.3)

--Those who overwork are a \_\_\_\_\_

--Those who observe Sabbath are \_\_\_\_\_

--God's Rest from His Creative Work (Genesis 2:2) (v. 3-5)

--God does not get weary

--God takes time to express \_\_\_\_\_ and \_\_\_\_\_

--Sleep will not fully rest you unless you have deep sleep

--Rest must have deep, spiritual element

--The \_\_\_\_\_ to Get Rest

--A third rest (v. 2, 8)

--A rest that comes from hearing the \_\_\_\_\_

--You will never experience deep rest until you experience \_\_\_\_\_ exposure, nakedness

--Self Justifying work will \_\_\_\_\_ you

--Repent of the \_\_\_\_\_ you are doing everything right

--The \_\_\_\_\_ of Rest

--"Laid Bare" v. 13—Stretch the neck back to strike it and kill; Always used to sacrifice animals

--v. 14—Jesus is the High Priest

Listen online at [www.frcoh.org/sermons/](http://www.frcoh.org/sermons/)